



## JAMES H. BROWN

### INJURY LAWYERS

When accidents happen go to [JamesHBrown.com](http://JamesHBrown.com)

ALBERTA'S LEADING  
INJURY SETTLEMENTS  
(see website)

(780) **428-0088**

# Edmonton metro



Baby's last name  
**Gladstone &  
Semchuk =  
Semstone**  
metroLIFE

Your essential daily news | MONDAY, JULY 25, 2016

High 25°C/Low 14°C Sublime



## THE YEAR OF BEER



TIM QUERENGESSER/METRO

Alberta's booming craft-brew scene is keeping blogger hopping  
**metroNEWS**

## Murder charges for pair pending

### CRIME

### Police say two men shot at officers after a prior shooting

One man is fighting for his life in hospital and two men are likely facing attempted murder charges after a brazen attack Saturday evening that saw shots fired at police.

At around 9 p.m. Saturday, police were called to the city's northeast near Fort Road after reports that shots were fired. There, police discovered a man and woman, both of whom had been shot.

Police said two men were spotted fleeing the scene in a minivan, which was soon located near 129 Avenue and 69 Street.

But when police attempted to stop it, "shots were fired at officers from the vehicle," police said.

Police also said they gave chase and soon after, at 130 Avenue and 88 Street, two men jumped from the car and fled on foot. "Officers were able to track the suspects to a nearby field where they were apprehended. Police also located two firearms within close proximity to where the arrest took place," police said.

A man and woman are in hospital — the man with life-threatening injuries and the woman with non life-threatening injuries, police said.

Two men, ages 21 and 27, are in custody and "will be facing a number of charges including attempted murder," police said Sunday. No officers were injured in the shooting. METRO



780-455-4420

[www.aoneequitymortgage.com](http://www.aoneequitymortgage.com)

## OWN A HOME YOU ARE.....

Use the equity in your home to get cash for **anything!**

### FAST & EASY

# APPROVED

\*Conditions Apply





2009 CHRYSLER  
PT CRUISER

STK#D9T0654  
**\$2,988**



2013 HYUNDAI  
ELANTRA

STK#13D7071  
**\$10,988**



**\$3,988**

2007  
MERCEDES B200



**\$12,988**

2012 HYUNDAI  
VELOSTER TECH



2010 KIA FORTE KOUP  
STK#10B3142

**\$8,988**



2012 MAZDA2 GS  
STK#12B5086

**\$8,988**



2010 MAZDA6 GS  
STK#10B6261

**\$9,988**



2012 HYUNDAI SONATA GL  
STK#12B5478

**\$11,988**



2012 HYUNDAI VELOSTER TECH  
STK#12B4896

**\$12,988**



2012 CHEVROLET EQUINOX LT AWD  
STK#12T0661

**\$13,988**



2011 FORD FUSION SEL AWD  
STK#11B4636

**\$13,988**

✓ Free 6 Month SiriusXM Radio on All Equipped Vehicles ✓ No Charge Carproof Vehicle History ✓ A+ Rating with BBB

CANADA WIDE  
AUTO SERVICE DEPT  
**THIS WEEK'S  
SPECIALS!**

**OILCHANGE**  
**\$39.95\***

UP TO 5 QUARTS  
plus: 54 POINT  
INSPECTION  
FREE WHEEL  
ALIGNMENT  
CHECK

FREE  
CAR  
WASH  
(\$75 value)



2013 DODGE GRAND CARAVAN  
STK#13D1263

**\$13,988**



2010 HYUNDAI GENESIS 2.0T  
STK#10B2871

**\$14,988**



2009 LEXUS IS250  
STK#09B8426

**\$15,988**



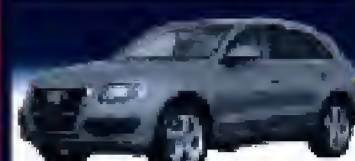
2009 INFINITI G37X  
STK#12T0661

**\$17,988**



2014 CHRYSLER TOWN & COUNTRY  
STK#14D6940

**\$18,988**



2010 AUDI Q5 3.2L PREMIUM PLUS  
STK#10T6839

**\$13,988**



2011 HONDA CRV EXL  
STK#11B0263

**\$19,988**



2011 LAND ROVER LR2 LUX  
STK#11B9786

**\$19,988**



2011 JEEP GRAND CHEROKEE  
STK#11B6456

**\$19,988**



2014 RAM1500 CREW  
STK#14T4542

**\$21,988**



2009 BMW 328i  
STK#09B2152

**\$21,988**



2013 CHEVROLET 1500 CREW  
4X4 LTZ STK#13A6441

**\$30,988**



2015 GMC 1500 D/C 4X4  
STK#15T2396

**\$33,988**



2007 JAGUAR XK  
STK#07B1047

**\$33,988**



2014 RAM 3500 CREW 4X4  
DUALY SLT STK#14T0624

**\$41,988**



FREE DELIVERY ANYWHERE IN WESTERN CANADA!

MONDAY - FRIDAY 9-9,  
SATURDAY 9-6, SUNDAY 11-5

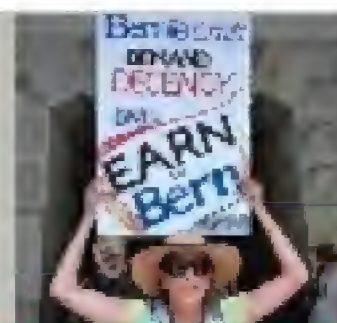
LOCAL 780.483.7516 • TOLL FREE 1.866.310.5751

10212-178 Street | [www.canadawideautosales.com](http://www.canadawideautosales.com)



PRICES ARE PLUS GST. VEHICLES MAY NOT BE EXACTLY AS SHOWN. VEHICLES AVAILABLE AT TIME OF PRINTING.

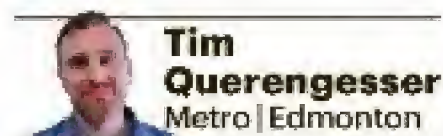




# An Edmonton guide to Pokémon-hunting

MOBILE APP

**Whether noob or expert or just deciding to play, read on**



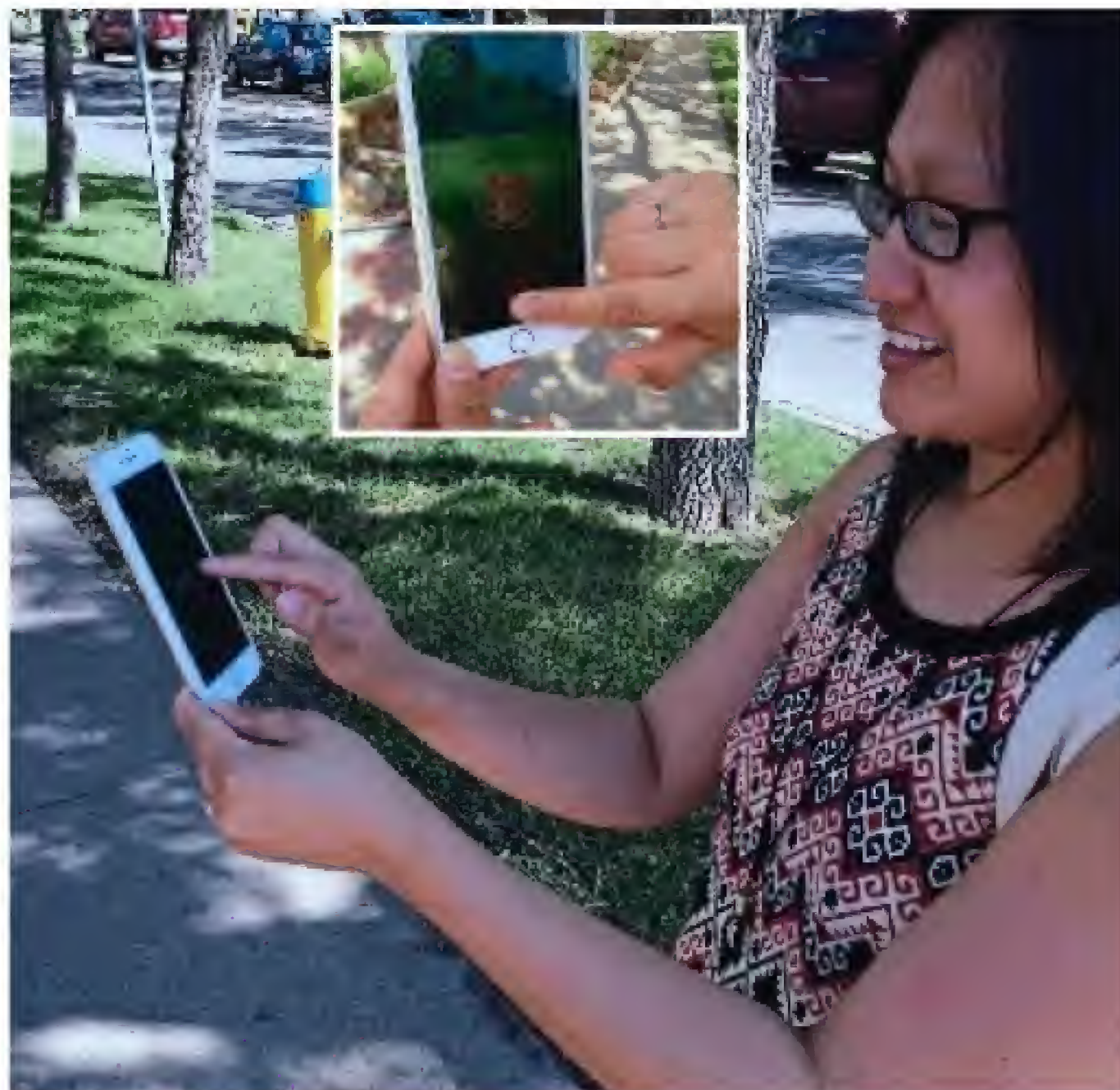
"Oh, somebody just dropped a lure here," says Linda Hoang as we stand on 124th Street and she peers at her phone.

"Let's see who it is." One gets the sense Hoang was made to multi-task, but today, as she's playing guide to Pokémon in Edmonton for a noob (me) — while also playing the game — she's at maximum task.

As she busily explains the difference between a checkstop, lure, gym and many other nouns that will forever be burned into the cultural lexicon thanks to Pokémon Go, the game is being played all around us.

We're standing at the Bearclaw Gallery, which is a checkstop, and a guy riding a bicycle has stopped suddenly 10 feet from us and is peering intently at his phone. That's the power of a lure in Pokémon Go. It draws people (and Pokémon) fast.

The street is one of several hot spots in Edmonton that Hoang has identified as a great place for those looking to enjoy Pokémon Go. I caught up with her — perhaps Edmonton's most celebrated Pokémon player (as judged by a simple Twitter poll) to get her tips, expertise on hot spots and her thoughts



Linda Hoang plays Pokémon Go. TIM QUERENGESSER/METRO

on what the game could mean for Edmonton.

## Four Pokémon hot spots in Edmonton

First, think of Pokémon Go as a map of what's already in your city. "Basically a lot of the checkstops are art, murals, that sort of thing," Hoang says. Most of that is part of the game now.

Still, there are hot spots to go to in order to maximize your Pokémon potential. Here they are, according to Hoang:

1. Victoria Promenade. "It's just packed with lures," Hoang says.
2. Borden Park. "Almost all the art there is a checkstop," she says.
3. West Edmonton Mall. "Basic-

ally every corner at West Edmonton Mall is a checkstop," Hoang says.

4. Griesbach: One of the reasons this neighbourhood was "crazy" (the local community league posted a note to Pokémon players to respect property and the privacy of residents) is that someone dropped lures at all the checkstops, Hoang says.

## Game tips

1. Cluster-fun: Griesbach's checkstops are extremely clustered, allowing you to walk a short route and hit checkstops over and over again, as they reset after five minutes. "You just keep checking in," Hoang says.
2. Don't ignore the Pidgeys and Rattatas. "It's really good to catch a lot of them because they don't take as much candy to evolve," Hoang says. "Every time you evolve a Pokémon you get a lot of experience (points). So if you've got a ton of Pidgeys you can easily level up quickly there."
3. Lucky eggs: If you get one and use it, anything you do in 30 minutes sees your experience points double. "So that's a really good time to save your Rattatas and Pidgeys because when you evolve them you're doubling your experience. I gained like three levels in 30 minutes by doing that."

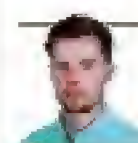
## Pokémon Go and Edmonton

There are more people on the city's streets now, and at all hours. But is that driving vibrancy and commerce?

"To the point of whether or not we're actually going into a business to spend money, I haven't done that yet," Hoang says. "But certainly it's gotten me out of the house and got me exploring more communities and neighbourhoods than I ever had done before. Even my own community. Yesterday my husband and I went around it biking (playing Pokémon Go). We haven't done that all summer."

POLITICS

## Uniting right no easy task: Academic



**Jeremy Simes**  
For Metro | Calgary

Dismantling both the Wildrose and Progressive Conservatives to form a new, unified party would be no easy task, and the Wildrosers have a lot more to lose financially if MP Jason Kenney wins the PC leadership, according to a political scientist.

The Tories don't actually have a mechanism within the party rules to fold — something that may be important if Kenney wins the race, as you can't merge active parties under Alberta law.

PC Party president Katherine O'Neill said on Sunday that there will be enough money to perform the necessary step of paying off their debt of \$700,000 by Jan. 1.

Fifteen per cent of all funds from candidates' leadership races will also be given to the PC Party, she added.

But if all the debt is paid off, any leftover cash at the point of party dissolution will be sacrificed to Elections Alberta's coffers. Cash can't be transferred from one party to another.

And if the Wildrose and PC Party do fold due to a Kenney win — and Kenney wants only one united conservative party — then the Wildrose will be forking out a lot of cash, according to Lori Williams, political scientist with Mount Royal University.

"They've got more money," she said.

"And that money has to go to the government, which I can't see being very popular with Wildrosers."

**On airport parking. Off airport price.**  
**As low as \$7 a day!\***

Use promo code **PARKVP** 

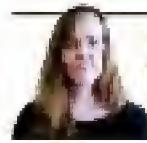
Book online at [flyeia.com](http://flyeia.com)

\*Valid for online bookings 24 hours in advance using promo code. \$7/day based on weekly rate. Expires August 31, 2016.



## AFFORDABILITY

## Artists fear getting priced out of Armoury



**Samantha Power**  
For Metro | Edmonton

The Ortona Tenants Association is fearful new cost additions to the Ortona Armoury renovations will leave its artists with an uncertain future.

The stated cost of the renovations is \$3.2 million, necessary for asbestos removal and upgrades in the 102-year-old building.

While the tenants association says it is on board with the needed upgrades, Mike Caskenette says it's unlikely artists will be able to afford the space once it's complete.

The space is currently home to a variety of independent artists as well as FAVA, which has stated it looks forward to the renovations. Renovations are expected to start in 2018.

"We feel because it's happened so often in the past, if they move us out of here for a year, year and a half, we're not coming back," said Caskenette who fears the rent will be too high for artists to return.

Artists currently lease space

directly from the city.

Caskenette, who also operates an artist gallery in the space knows his rent until April 2017, but after that is complete uncertainty.

A spokesperson for the city says it's too early to tell the full costs of the renovation.

The city is doing a second assessment of the health and safety needs of the space, which could change the renovation costs and timelines.

Despite the assurances from the city that the historical aspects of the building will be maintained Caskenette is afraid this will be another example of Edmonton losing its architectural history.

He hopes the mandate of the space as an artist's studio and creative space is maintained.

"We don't want it to be squeaky clean," says Caskenette who wants the building's nooks and crannies be maintained rather than gutted.

Caskenette says the tenants association has been involved in conversations with the city. The city has said it will keep the association and artists involved in future project plans.

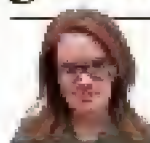


Chris Vander Hoek stands in the secret alley that will host a popup art show. KEVIN TUONG/FOR METRO

## Secret alley a hidden gem perfect for art

## COMMUNITY

### Pair preparing for a popup gallery show



**Alex Boyd**  
Metro | Edmonton

You'd be forgiven for not noticing the slight gap between the new Fox condo tower on 104 Street and its parkade.

But, if for some reason you ducked through it, you'd find a mini-alleyway that opens up to about four feet wide and extends the full length of the

building.

Less optimistic people might call it dead space, but to Steph Chai and Chris vander Hoek, it's an opportunity.

The duo are currently seeking submissions for their Secret Alley Gallery, a one-day popup art show happening Aug. 27.

"This is such a unique urban space, there's so much potential, we don't want it be lost," said Chai, who adds that they stumbled on the space after moving into Fox 1, which has an emergency exit that opens into the alley.

"When you look straight up you can see the sky through this really narrow part, and it

goes up about 5 storeys," said Chai, who's an urban planner. "It's really neat."

But beyond getting art fans mingling in some pretty cosy confines, they're hoping to get people talking about how we make the best use of urban space.

"We have this space that most people would say 'This is a waste, let's fence it off.' But we're thinking what we can use it for so it enhances the street and the city," said vander Hoek, who works as an intern architect.

The theme of the exhibit is Eyes on the Street, a nod to the work of famous writer and

urban advocate Jane Jacobs.

"The idea is that if more people are around and have their eyes on the street, it makes it a social space that is safer for everybody," vander Hoek said.

"But it also makes [the alley] more interesting, and makes the city more interesting."

They're accepting digital submissions from local artists until Aug. 10.

Frames measuring 23 centimetres by 23 centimetres will be supplied, and work must incorporate the frame in some way. It's open to any type of art.

The Secret Gallery will be open Aug. 27 from 1 to 8 p.m.



An exterior of the Ortona Armoury in Edmonton.

ALEX BOYD/METRO

# #1 CORVETTE DEALER



**0% ON CORVETTES!**

**STINGRAY & Z06 IN STOCK**

**CALL OR SEE DEALER FOR SPECIAL PRICING**

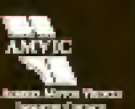
**ON 2015 & 2016 MODELS**



**LAKEWOOD**  
CHEVROLET  
GOOD PEOPLE → GREAT SERVICE

**9150-34 Avenue**  
**www.lakewoodchev.com**

**780-462-5959**  
Weekdays 8:30-9:00 Friday 8:30-6:00  
Saturday 8:30-5:30





At *Denny Andrews* 

# We make it **EASY!**

## NEW VEHICLE SPECIALS!

### 2016 FOCUS

STK#16FC019



Ford MSRP \$18,999

Denny's Easy  
Employee  
Pricing

**\$16,849!**

### 2017 EXPLORER XLT 4X4

STK#17EX001



Ford MSRP \$46,889

Denny's Easy  
Employee  
Pricing

**\$38,487!**

### 2016 FUSION

STK#16FU045



Ford MSRP \$30,049

Denny's Easy  
Employee  
Pricing

**\$21,969!**

### 2015 MUSTANG GT

STK#15MU050



Ford MSRP \$49,449

Denny's Easy  
Employee  
Pricing

**\$37,996!**

### 2017 ESCAPE

STK#17EP005



Ford MSRP \$27,139

Denny's Easy  
Employee  
Pricing

**\$23,896!**

### 2016 EDGE SE

STK#16ED008



Ford MSRP \$34,739

Denny's Easy  
Employee  
Pricing

**\$28,896!**

### 2016 F150 SUPERCAB 4X4

STK#16FL042



Ford MSRP \$45,849

Denny's Easy  
Employee  
Pricing

**\$31,898!**

### 2016 F150 CREW CAB XLT

STK#16FS260



Ford MSRP \$41,829

Denny's Easy  
Employee  
Pricing

**\$28,989!**

### 2015 F150 CREW CAB 4X4 LARIAT

STK#15FS466



Ford MSRP \$66,319

Denny's Easy  
Employee  
Pricing

**\$45,997!**

### 2016 F250 CREW CAB 4X4 LARIAT

STK#16FH005



Ford MSRP \$64,399

Denny's Easy  
Employee  
Pricing

**\$48,649!**



## IT'S SIMPLE

IF YOUR DEALER DOES  
NOT MAKE IT EASY  
**STAND UP. WALK OUT!**  
WE ARE AT 182ND ST. STONY PLAIN ROAD

- HUGE INVENTORY TO CHOOSE FROM • KNOWLEDGEABLE STAFF TO ASSIST IN VEHICLE SELECTION
- DEAL DIRECTLY WITH MANAGEMENT ON PRICING • ALL MAJOR LENDERS REPRESENTED
- SHOP TODAY-BUY TODAY-DRIVE TODAY PROCESS TO MAKE THE MOST OF YOUR VALUABLE TIME
- ALL PRE OWNED VEHICLES INSPECTED AND CAR PROOFED
- WE ASK NO CREDIT QUESTIONS UNTIL YOU ARE READY TO PURCHASE
- WE ARE PROUD TO QUOTE PRICES OVER THE PHONE
- E-BUSINESS STAFF READY TO RESPOND NOW TO YOUR INQUIRIES
- OPEN 7 DAYS A WEEK TO SERVE OUR CUSTOMERS
- LONG TERM/LOW TURNOVER STAFF AND MANAGEMENT ENSURES YOUR RELATIONSHIP WITH US LASTS



# Denny Andrews



**182 ST. & STONY PLAIN ROAD 780-489-9999**

**TOLL FREE:**  
**1-800-252-9303**

**www.dennyandrewsford.com**

OPEN MONDAY-THURSDAY 9-9, FRIDAY 9-7, SATURDAY 9-6, SUNDAY 11-5

**SERVICE DIRECT:**  
**930-3167**

All prices and offers reflect all rebates and incentives deducted and assigned to Dealer including non-stackable cash and Costco rebate. Customer must meet eligibility requirements. In stock new vehicles only. All prices are plus applicable taxes. Vehicles may not be exactly as illustrated. See dealer for complete details. Notice to competitors: If you are looking for the catch...there isn't one! We just sell for less. Offer in effect Friday, July 22 thru Sunday, July 31, 2016.





## MYfirst SUMMER JOB

## A chocolatier's first sweet gig



**Alex Boyd**  
Metro | Edmonton

For many, the summer job is a rite of passage. It usually involves low pay or menial labour, but it's always memorable.

Every Monday this summer, as thousands of students across the city suit up for their first taste of the working world, we're talking to notable Edmontonians about their first summer job.

This week we ask Chocolatier Jacqueline Jacek about her first job.

**What was your first job, and what were you paid?**

I worked in a commercial bakery in New Zealand as my first 'real summer job' in university. I was paid very well at the time, \$12 an hour.

I worked 12-hour shifts—from 2 p.m. to 2 a.m. — and the shifts were four days on, and four days off.

**Were you good at it?**

I think I was ... the job required a lot of repetitive tasks, such as rolling croissants on a conveyor belt. I rolled thousands, so had definitely perfected the art of turning a triangle piece of pastry into a croissant shape.

The key was to move very quickly to keep up, as the conveyor belt did not stop pumping out the triangles.

**Best/worst part of the job?**

The best part of the job was working side-by-side with my best friend, and the smell of the fresh bread every morning.

The worst part of the job was the "accidental" calories that would happen as a result of imperfect products that made it into my mouth instead of into the waste bin. Sadly (but not really), this still happens to me at Jacek!

**What was an average day?**

I was very lucky that my best friend's dad owned the factory, which was about 1.5 hours from where we lived, so her and I slept in a little apartment on the top floor.

We would sleep in until about noon, go for a walk, have breakfast, courtesy of the bakery, of course, then head in for the shift.

**Did you learn anything from it that you use in your current job?**

Yes, absolutely. I learnt a lot about the importance of systems and food safety.

The business I worked for was third generation, but it was very inspiring to see the family still very hands-on in the business, and growing it successfully.

They continue to be role models for me.

**The best part of the job was working side-by-side with my best friend, and the smell of the fresh bread every morning.** Jacqueline Jacek



Jacqueline Jacek is the owner of Edmonton success story, Jacek Chocolate. CONTRIBUTED

## COUP ATTEMPT

## Calgarian imam held in Turkey



**Brodie Thomas**  
Metro | Calgary

Family and friends of a Calgary imam who has been detained in Turkey say they are worried for his safety as well as that of his wife and two children.

David Hanci is being detained by police in Turkey. Local media reports accuse him of helping with an unsuccessful coup attempt on July 15.



**David Hanci**  
CONTRIBUTED

Ruveyda Durmus, Hanci's sister-in-law, said Turkish media have reported he arrived on July 13 when in fact he arrived there July 7 to see his ailing father. Hanci had brought his wife, Rumeysa, and their two sons, aged nine and eight, to see his father one final time.

"I am trying to get help from the Canadian government," said Durmus. "We cannot go to Turkey — they might arrest us too."

Join Us This Weekend!  
July 30th – August 1st 2016



**servus**  
heritage festival

heritage-festival.com  
Hawrelak Park – Edmonton, AB



The Downtown Business Association presents

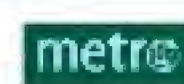
## Free Historical Walking Tours

Discover Downtown's History, Architecture & Public Art with the Core Crew

Weekdays, June 16 - August 19  
Mon - Thurs at 1pm    Fridays at 10am

edmontondowntown.com

\* No tours on Stat holidays.





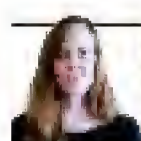


Scott Messenger enjoys an Albertan craft Czech pilsner.  
TIM QUERENGESSER/METRO

# In one year he'll drink a lot of beer

ONLINE

## Blogger's quest comes on heels of craft explosion



**Samantha Power**  
For Metro | Edmonton

Back in January, when Scott Messenger set out to try a brew from every Alberta brewery in a year, he figured he'd hit a dry patch rather quickly.

But with the list of registered brewers in the province growing from 20 to 40, and at least 10 more set to start up by year's end, it's well into summer and Messenger is only halfway through his refreshing, hoppy, heady project.

"It's the perfect year to do it," Messenger said.

Messenger started One Year of Alberta Beer at the start of 2016. It's a blog where he reviews the beer he's selected from each brewery (though it's not typically a beer-snob review, but instead his reflections on beer and many other things).

Messenger said he's been pleasantly surprised at the crea-

tivity and reach of the breweries, which he added don't seem content to simply create a lager.

"They're always innovating in some way," Messenger said. "It's a great model for other industries."

Messenger said the "Saison," a stronger pale ale with spicy, fruity notes, is his current favourite beer genre and is impressed with the selection available from local brewers.

"It shows Alberta brewers are interested in bringing the world of beer to the province," he said.

But his main problem is getting to that world of Alberta beer. Local craft brewers primarily serve their communities, which Messenger said is the most important aspect to the brewer — but it means he may have to start planning road trips.



**They're always innovating in some way.**

Scott Messenger

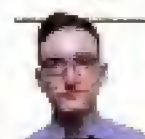
Despite the creativity among the new brews, Messenger said getting into craft beer is not an overwhelming prospect.

"It's not exclusive. Most will produce a straight-ahead lager or wheat ale if people want to get a locally-produced beer."

According to the Alberta Small Brewers Association, membership has grown from 19 breweries in 2014 to 40 in 2016 and 10 more are reportedly in planning stages.

### INNER CITY PROGRAMS

## UpShifting youths' mechanical bike skills



**Kevin Maimann**  
Metro | Edmonton

Getting around a city as big as Edmonton isn't always easy, but a new program is removing some transportation barriers for inner city youth.

Rylan Kafara helped start UpShift in the spring to connect teens and young adults from Boyle Street with bikes and crucial cycling know-how courtesy

of the Edmonton Bicycle Commuters Society.

Next week, students will wrap up the program knowing how to build, fix and safely ride a bike on city streets.

"There are a lot of youth that have a lot of barriers to transportation, like bus passes or getting enough money together to take the LRT and things like that. And a lot of them have an aptitude for mechanics and like bicycling," said Kafara. "We just thought that we would try

to develop a program where we would take away some of the barriers they were facing to getting their own bicycles and getting the knowledge around knowing how to repair them — and help others repair them."

Kafara is the program coordinator with the inner city recreation and wellness program, a joint effort between Boyle Street and Bissell Centre.

The team secured a \$2,000 grant through the province's Communities Choosewell initia-

tive to get the wheels turning, and began hosting workshops every Wednesday offering handy information and healthy food.

While he's ostensibly been the teacher, Kafara said he has learned a lot from the program.

"(I'm) learning more about the interests that people have in having their own bicycles in the inner city — because it gives people independence. They've got their own form of reliable transportation, which is really important," he said.

## Wherever adventure calls, so can you.

Whether you're heading up to the lake or doubling down in Las Vegas, stay connected this summer with a plan that goes everywhere you do.

### The Everywhere Plan

#### WIND Home Network:

- Now get **5GB of data** (limited time only)
- Unlimited Canada/U.S. calling
- Unlimited global texting
- Unlimited Canada/U.S. picture/video messaging
- International calling from 1¢/minute

#### WIND Away (from anywhere in Canada/U.S.):

- 5¢/MB pay-per-use data
- 2400 minutes of calling to Canada and the U.S.
- Unlimited global texting

ONLY \$40/mo

FOR 10 MONTHS. OFFER ENDS SOON.



Galaxy S7



Learn more at windmobile.ca. Offer valid from June 16, 2016 to August 1, 2016. This offer is subject to change or cancellation without notice. To be eligible for the \$50 bonus, you must activate a new Pay Before or Pay After line on a plan with a monthly charge of \$40 or higher. A \$5 monthly credit will be applied to your account for up to 10 months to a maximum of \$50. For Pay Before customers, the top-up will start to be applied to their account on the 17th of the month, prior to their third top-up date. For Pay After customers the credit start to be applied on the second bill after activation. May not be combined with any other in-market offer, with the exception of the Bring Your Own Device service credit, Better Together Savings and Refer-A-Friend program. The Everywhere 45 Plan is available for Ontario, Alberta and British Columbia customers only who live within the WIND Network coverage area postal codes. The majority of your usage (talk) on the Everywhere 45 plan is intended to be used on the WIND network. All services subject to WIND's Terms of Service, Fair Usage Policy and Internet Traffic Management Policy are for personal use by an individual. Applicable taxes extra. Additional terms and conditions apply. Samsung and Samsung Galaxy S7 are trademarks of Samsung Electronics Canada, Inc. and/or its related entities used with permission. Screen images simulated. WIND, WIND MOBILE and TRUE MOBILE FREEDOM are trademarks of Wind Telecomunicazioni S.p.A. and are used under licence in Canada by WIND Mobile Corp. © 2016 WIND Mobile.



# Day camp a crash course in culture

## SYRIAN REFUGEES

### Fun and games help youngsters acclimatize to new country

It's a familiar chant belted out at summer camps across the continent, but the call-and-response uttered at one Toronto day camp on a sticky July day is hesitant, even shy.

"I don't know what you've been told!" an eager counsellor bellows in sing-song fashion at a group of young Syrian refugees. "Happi Campers cheers the most," her wary charges mumble back in broken English.

It takes a moment for the middle-schoolers to grasp this peculiar game, but three tries later, they gel into a more-or-less unified chorus.

"Five! Six! Seven! Eight! Weeeeeeee're great!" they holler, letting loose with exuberant cheers.

The fun and games at this day

camp are more than just a rite of passage for these new Canadians; they're a key step in easing their transition into a strange country with unfamiliar customs.

Happi Camper founder Mazen El-Baba says he tried to design a getaway that would offer the staples of any typical North American summer camp: drama, arts and crafts, and sports.

But it would also offer much-needed lessons tailored to the specific needs of young Syrian refugees: intensive literacy classes, a crash course in Canadian cultural norms, and self-esteem exercises.

That last goal is possibly the most challenging, given the fact that most of these war-weary children — 75 in all, ranging in age from five to 15 — have been through horrific traumas.

El-Baba says it's hard to know exactly how these kids are suffering because they have not been formally diagnosed with behavioural or mental-health issues. But they clearly bear the scars.

When confronted with some-

thing they've done wrong, it's not uncommon to hear a frustrated camper say, "I should go kill myself" or "I should go stab myself or shoot myself," says El-Baba.

"I'm not sure if they actually understand it because you're hearing that from an eight-year-old, you're hearing that from a nine-year-old," he adds.

"An eight-year-old and nine-year-old saying that, 'I want to stab myself,' it's really hard to hear that. It's like, 'Wow, OK, let's talk more about it.' That's some of the things we see."

Activities were designed with the help of mental-health professionals, family doctors, social workers and crisis-intervention professionals. Every week, each counsellor meets with three mental-health experts to discuss behavioural problems they've observed.

But this is not a counselling camp, stresses El-Baba. The biggest goal is to let these kids be kids, and have the opportunity to let loose and have fun.

THE CANADIAN PRESS



Syrian refugee children take part in activities indoors and out while attending H.appi camp in Toronto on July 12. CHRIS YOUNG/THE CANADIAN PRESS

## Take a summer vacation from the ordinary.



2010 Mercedes GL-Class 4Matic  
#N6218A

\$34,495 + GST  
Rear DVD, Loaded



2012 Audi A5 quattro  
#DN6054A

\$33,995 + GST  
Premium Plus, Navigation



2014 Volkswagen Tiguan Trendline  
#DU1093

\$23,395 + GST  
AWD, Low KM



2013 BMW 535i  
#N6360A

\$44,495 + GST  
Local, Clean Carproof



2012 Land Rover Range Rover Evoque  
#DN6269A

\$34,995 + GST  
Pure Plus, Coupe, Clean



2015 Audi Q5 Hybrid quattro  
#N6351A

\$52,495 + GST  
Low Km, Rare



2014 BMW 335i Xdrive  
#N7092A

\$46,995 + GST  
Clean, Local



2016 Audi A4 Technik quattro  
#N7071A

\$49,995 + GST  
Low Km

» visit [AudiEdmontonNorth.com](http://AudiEdmontonNorth.com) or email [sales@audiedmontonnorth.com](mailto:sales@audiedmontonnorth.com) for more details.



Audi  
Edmonton North

18855 Stony Plain Road NW, Edmonton, AB  
(587) 772 AUDI (2834)

The Jim Pattison  
autogroup

AMVIC  
Alberta Motor Vehicle  
Insurance Council

NORTH OF EXTRAORDINARY

Dealer #4991570. Vehicles may not be exactly as illustrated. Offers expire July 31, 2016. Prices exclude GST but include documentation and AMVIC fee. See dealer for details.



# Display honours dead students

ART

**Painter hopes to present his work as a gift to Justin Trudeau**

The day after 145 inquest recommendations were released on the deaths of seven indigenous students in Thunder Bay, Ont., Christian Morrisseau woke at 4 a.m., overwhelmed with grief.

Morrisseau's 17-year-old son, Kyle, was one of the seven who died between 2000 to 2011 while they were away attending school.

Kyle's body was pulled from the McIntyre River in Thunder Bay on Nov. 10, 2009. A coroner's inquest ruled on June 28 that Kyle's death was "undetermined," leaving the family with few answers as to what happened.

Morrisseau, 46, who learned to paint at the hand of his



**Seven Fallen Feathers by Morrisseau.** CONTRIBUTED

father, Canada's great Ojibwa artist Norval Morrisseau, felt he had to do something to honour the memory of his son and the six other students. He spent the next few days painting, non-stop, a gigantic canvas he entitled Seven Fallen Feathers.

The painting captures the students' passage into the spirit world, guided by the family members who have

gone before them.

Morrisseau is now working to present the painting as a gift to Prime Minister Justin Trudeau and the people of Canada.

"My son made a spiritual sacrifice," Morrisseau said. "He gave up his spirit so no student or parents would go through what he did. That is how I think of what happened to my son." TORSTAR NEWS SERVICE

SASKATCHEWAN

## Lifeline hose to clean oil

Officials in Saskatchewan say a riverside city whose water supply is threatened by an oil pipeline spill is building a hose, dozens of kilometres long, to draw water from another river.

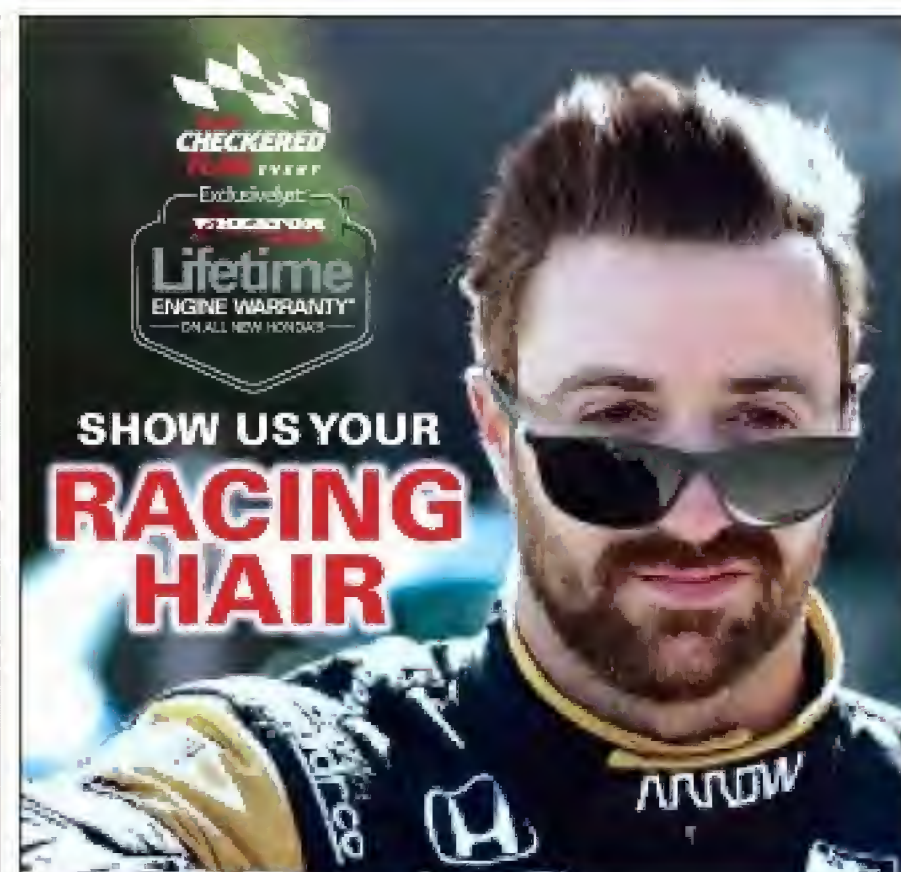
Sam Ferris with Saskatchewan's water security agency said Prince Albert is constructing a line to the South Saskatchewan River, between 20 and 30 kilometres away.

The city of more than 35,000 has been preparing to shut its regular water intakes on the North Saskatchewan River following a spill upstream of between 200,000 and 250,000 litres of crude oil and other material at a Husky Energy Pipeline near Maidstone, Sask.

Prince Albert's city manager, Jim Toye, said the water line will be functioning later this week and will utilize 30 pumps, each with 400 horsepower.

"We understand the water situation could be as long as two months," Toye said.

THE CANADIAN PRESS



SHOW US YOUR  
**RACING HAIR**

2016  
**CIVIC**  
SEDAN LX  
AUTOMATIC



Made in Canada  
for Canadians

Available in 174 HP,  
1.5 turbo charged  
direct injected  
162 lb-  
Ft torque



BEST  
SELLING  
CAR IN CANADA  
FOR 15 YEARS  
IN A ROW

**\$21,785\*** plus gst only

Stk#X7727, Model FC2F5GE - Automatic Climate Control, Heated Front Seats, Multi-Angle RearView Camera, 7" i-MID Display, 158HP 2.0L 16Valve iVTEC Earthdreams Technology, HondaLink Assist Automatic Emergency Response, Apple/Android Car Play, SMSTextMessage/Email Capable, Wi-Fi tethering, and much more.



Made in Canada  
for Canadians

2016  
**CR-V**  
LX AWD



**\$30,245 - \$3,000 CASH INCENTIVE**

**TruePRICE \$27,245\*** plus gst only

Stk#962512, Model RM4H3GE1 - 185HP 2.4L 16Valve Direct Injection iVtec Earthdreams Technology, Multi-Angle RearView Camera, Heated Front Seats, VSA with Traction Control, Text Messaging Function, Dual Overhead Cam, i-VTEC, 4 Cylinder Engine, Ingenious Easy Fold Down 60/40 Split Rear Seat, RealTime AWD with Intelligent Control System

wheatonhonda.com

**WHEATON HONDA**

9688 - 34th ave.

**780.463.7888**  
**1.866.463.7885**



Price includes freight, PDI, block heater, locking lug nuts, theft protection, tire and rim protection, air tx, tire levy and AMVIC fee. Vehicles may not be exactly as illustrated. Offer ends July 31, 2016. Vehicles available at time of printing. See dealer for details.

metro

**Tell us how you really feel.**

Join our online reader panel and help make your Metro even better.  
metronews.ca/panel

## CAREER TRAINING ON YOUR TERMS

Your school schedule should fit around your life.

Academy of Learning's flexibility means you can achieve your dreams, your way.

Career Programs in Healthcare, Business, IT, Legal, Hospitality, Accounting and more!

Funding may be available for those who qualify.

DOWNTOWN (780) 424-1144  
MILLWOODS (780) 433-7284  
CALLINGWOOD (780) 496-9428



**Academy OF LEARNING CAREER COLLEGE**

www.academyoflearning.ab.ca





# Discord in Philadelphia

## DEMOCRATIC CONVENTION

### Opposition to Clinton makes itself heard

Republicans who dislike Donald Trump were mostly discreet at last week's nominating convention. They grumbled in private conversations, expressed their unease through hand gestures, or jeered a procedural call by party brass.

It's noisier on the left.

The progressive brigade that refuses to march behind Hillary Clinton is loud, proud and in the streets at the Democratic convention. What was ostensibly a march for climate change Sunday included plenty of T-shirts for her primary opponent

test against Clinton's choice of vice-presidential running mate.

And then there are voters like Valerie Duhl.

She's a Floridian who's supported Democrats for 22 years, but not this time. At a rally Sunday for an assortment of environmental causes like opposition to oil pipelines, fracking, and other issues like genetically modified food and the Trans-Pacific Partnership trade deal, she said she's done.

When asked whether she worried that her choice might help deliver Florida to Donald Trump — and with it, the presidency — she didn't hesitate for a second.

"No," Duhl said.

"We are not going to vote for the lesser of two evils. We are going to vote for principles. We

**“We are not going to vote for the lesser of two evils.”**

Valerie Duhl from Florida

Bernie Sanders, for the Green party's Jill Stein, and little discernible trace of support for her.

In fact, there appeared to be a greater number of anti-Clinton protest signs like “Not With Her” and “Never Hillary,” in a visual demonstration of the challenge ahead for Clinton in uniting progressive voters.

That difficulty was underscored inside the official convention too. The party chair who supports Clinton was forced to resign, pushed out by the leak of emails showing an institutional bias during the primaries. There were also whispers about a possible convention pro-

don't vote out of fear... I will not vote out of fear.”

She's among those hoping Sanders pulls off some convention miracle and becomes the nominee. Assuming that doesn't happen — a safe bet — she said she'll vote for the Green party's Jill Stein.

Many moderates still blame the Green party's Ralph Nader for handing Florida and the presidency to George W. Bush in 2000. But Duhl said she can't support Clinton's policy flip-flops and behaviour over the years, or what she views as corruption within the Democratic party. THE ASSOCIATED PRESS



- 1 Activists including hundreds of environmentalists and Bernie Sanders supporters march through downtown Philadelphia before the start of the Democratic National Convention on Sunday. JEFF J MITCHELL/GETTY IMAGES
- 2 A man dressed like author Hunter S. Thompson holds a sign. JEFF J MITCHELL/GETTY IMAGES
- 3 Supporters of Sen. Bernie Sanders make their voices heard. JOHN MINCHILLO/THE ASSOCIATED PRESS
- 4 Environmentalists march through downtown. JEFF J MITCHELL/GETTY IMAGES

## BUSINESS OPPORTUNITY

The **Blind Spot**  
Serving Canada Since 1982

With over 100 areas being serviced across Canada, we are looking for

**“NEW DEALERS”**

**Window Blinds & Shutters**

**Possible Six Figure + Earning Potential**

- No Royalties • Home Based Business • Very Large Areas
- No Inventory • Very Small Investment • Lucrative

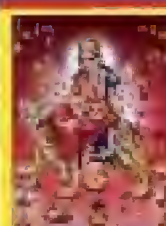
...Desired Profile... **“Persons Too Young To Retire”**

Alberta Locations • [www.theblindspot.ca](http://www.theblindspot.ca)

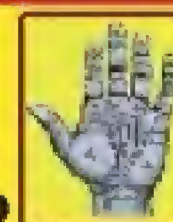
We Support Children of OPERATION SMILE

**1-800-290-6972**

## ASTROLOGER & SPIRITUAL HEALER Pandit: Vijay Sharma



**IF YOU HAVING PROBLEMS  
HE HAS A SOLUTION!!  
100% GUARANTEED**



- Husband & Wife Problems
- Stop Separation & Divorce
- Childrens, Couples
- Education & Business
- Vashikaran Expert
- Drinking problem
- Sexual problem
- Jealousy, Enemies
- Lifetime protections
- Bringing loves ones back



**780.884.4472**

metro

**Tell us  
how  
you  
really  
feel.**

Join our online reader panel  
and help make your Metro  
even better.  
[metronews.ca/panel](http://metronews.ca/panel)



# Portrait of killer emerges

GERMANY

## Teen who shot nine people was bullied at school

The teenager behind the deadly shooting rampage in Munich was a withdrawn loner obsessed with playing "killer" video games in his bedroom, a victim of bullying who suffered from panic attacks set off by contacts with other people, investigators said Sunday, adding that he had planned the attack for a year.

Law-enforcement officials piecing together a portrait of the 18-year-old shooter said he was seeing a doctor up to last month for treatment of depression and psychiatric problems that began in 2015 with inpatient hospital care followed by outpatient visits.

They said medication for his problems had been found in his room. But toxicological and autopsy results were still not available, so it's not yet clear whether he was taking the medicine when he went on his shooting rampage Friday, killing nine people and leaving dozens wounded.

The 18-year-old German-Iranian, identified only as David S. due to Germany privacy laws, had earlier been described by investigators as being bullied by schoolmates at least once four years ago and being fascinated by previous mass shootings. But none of those killed were known to him, investigators said.

Late Sunday police said they had taken in for questioning a friend of the shooter who might have known of the attack plan. Further details were not immediately available, but Germany's dpa news agency reported the 16-year-old boy had gone to police himself after the act.

Some 1,500 people gathered at the scene of the shooting Sunday evening, lighting candles and placing flowers in tribute to the victims. In France, where scores



People mourn on Sunday in front of the Olympia Einkaufszentrum shopping centre in Munich, Germany, where an 18-year-old went on a killing spree. CHRISTOP STACHE/AFP/GETTY IMAGES



**Today, I feel deep sadness. Why can one person do something like this?**

Veljo Raicevic

have been killed in six extremist attacks since the beginning of 2015, the Eiffel Tower was lit in the German national colours of red, black and gold.

The attack Friday took place on the fifth anniversary of the killing of 77 people by Norwegian right-wing extremist Anders Behring Breivik, whose victims included dozens of young people. Investigators said the Munich shooter had researched that slaughter online and had vis-

ited the site of a previous school shooting in the German town of Winnenden last year.

"He had been planning this crime since last summer," said Robert Heimberger, Bavaria's top official, citing a "manifesto" linked to the shooting found in the gunman's locked room in the apartment he shared with his parents and brother.

Heimberger said he could not reveal details of the document yet because there were "many more terabytes" of information to evaluate, but described the gunman as a "devoted player" of group Internet "killer games" pitting virtual shooters against each other.

Weapons are strictly controlled in Germany and police are still trying to determine exactly how the shooter obtained the Glock 17 used in the attack.

Heimberger said it's "very



## MORE VIOLENCE IN GERMANY

**Explosion:** Police in the southern German city of Ansbach said Monday a man was killed when an explosive device he was believed to be carrying went off near an open-air music festival, injuring 10 others.

**Machete attack:** A Syrian man killed a woman with a machete and wounded two others Sunday outside a bus station in the southwestern German city of Reutlingen before being arrested. Police said there were no indications pointing to terrorism.

likely" the suspect purchased the weapon illegally online on the "darknet," a restricted access computer network often used by criminals. He said the weapon had been rendered unusable and sold as a prop before being restored to its original function.

The shooter's father saw a video of the start of his son's rampage on social media and

went to police as it was taking place, Heimberger said, adding that the family was still emotionally not up to questioning by police.

Witnesses say the gunman shouted slurs against foreigners, even though he himself was the German-born son of Iranian asylum-seekers.

THE ASSOCIATED PRESS

TERRORISM

## Afghans mourn 80 killed by bomber

Afghanistan marked a national day of mourning on Sunday, a day after a suicide bomber killed at least 80 people who were taking part in a peaceful demonstration in Kabul. The attack was claimed by Daesh.

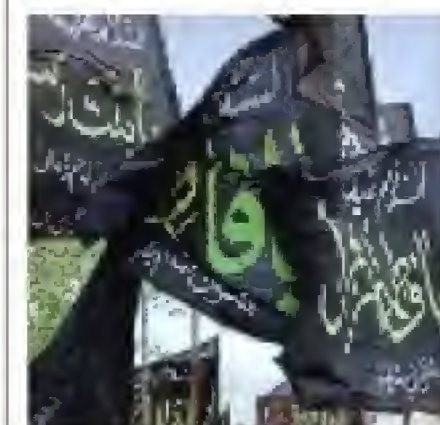
Authorities say another 231 people were wounded, some seriously, in the bombing Saturday afternoon on a march by members of the ethnic Hazara community, who are predominantly Shiite Muslim. Most Afghans are Sunni, and Daesh regards Shiites as apostates.

The attack was the first by Daesh on Kabul, raising concerns about the group's reach and capability in Afghanistan.

Bereaved families collected their dead from hospitals and morgues across the capital, and began digging graves as the first funerals went ahead in the west of the capital.

Many people chose to bury their dead together with others — rather than in traditional family plots — encouraged by organizers of the Saturday demonstration, who call themselves the Enlighten Movement.

THE ASSOCIATED PRESS



Hazara women protest in Quetta, Pakistan, on Sunday.

BANARAS KHAN/AFP/GETTY IMAGES



**\$100  
TUITION  
BURSARY**

## OFFICE MANAGERS EARN A MEDIAN WAGE OF

# \$24.00/HR\*

»
1-800-533-1457

## ASK ABOUT EVENING CLASSES!

Graduates from the **Business Administration Management** program work as office managers, bookkeeping assistants, marketing assistants, and more.

studyBAM.reevescollege.ca

**REEVES  
COLLEGE**

\* Certain Restrictions Apply. Contact Campus for Info.

**REEVES COLLEGE ALSO OFFERS PROGRAMS IN:**

ACCOUNTING & PAYROLL ADMINISTRATION | LEGAL ASSISTANT | MEDICAL OFFICE ADMINISTRATION | AND MORE!



# Tech even bigger than it appeared

## ECONOMY

## Sector exceeds even finance and insurance, study found

Canada's high-tech sector is much bigger than thought, extending beyond just information and communications technology to play a greater role in the overall economy, a new report says.

"Professions that 10 or 20 years ago may not have been considered high-tech

are now moving into areas where they are essentially becoming high-tech workers," said Sean Mullin, executive director of the Brookfield Institute for innovation and entrepreneurship at Ryerson University.

The institute released The State of Canadian Tech Sector on Monday, which analyzes data, looking at jobs across different sectors to determine which should be categorized as high-tech.

Using methodologies developed by U.S. Bureau of Labor Statistics and Nesta, a U.K.-based innovation charity, the

institute developed a custom definition for Canada — mapping and identifying tech occupations and industries.

If the number of tech jobs exceeded 15 per cent in an industry, more than three times the national average, it was considered a member of the tech sector.

It found 864,000 employees across Canada are high-tech workers, or 5.6 per cent of total employment in 2015.

In terms of private-sector investment in research and development, the tech sector was the largest at \$9.1 billion.

That translates into 7.1 per

## BY THE NUMBERS

# \$117B

The tech sector, which includes 71,000 firms, generated \$117 billion of Canada's total \$1.65 trillion GDP last year.

# 2/3

More than two-thirds of those firms are small operations with fewer than four employees.

cent of real economic output — with the next closest sector in terms of output was finance and insurance — but was exceeded by construction, mining, manufacturing and real estate sectors.

Urban centres had higher concentration of tech professionals, as expected. But surprisingly, Toronto and Vancouver came in above the Kitchener-Waterloo-Cambridge area in terms of tech sector

concentration.

With the national average at 1, the Kitchener-Waterloo-Cambridge area came in at 1.3, compared with 1.7 for Montreal and Toronto at 1.4, and Vancouver and Calgary, both at 1.3.

"It doesn't contradict the idea that Kitchener-Waterloo is a high-tech hub," Mullin said, noting that Toronto and Montreal had higher proportions, due to larger populations, that could include big employers like an IBM in Toronto or aerospace or pharmaceutical companies in Montreal.

TORSTAR NEWS SERVICE

## SHARING ECONOMY

## Airbnb sues its town

San Francisco wants people who rent out their homes through Airbnb and other online platforms to follow some rules, and it wants the platforms to advertise only those rule-abiding listings — or face steep fines.

That means Airbnb and others must stick to advertising San Francisco hosts who have registered with the city and haven't exceeded the number of nights they're allowed to rent. The penalty? Platforms can be fined up to \$1,000 a day per violation.

Now, Airbnb is suing its hometown, arguing that it's not responsible for making sure hosts follow city rules and that San Francisco, the place that birthed some of the world's most innovative startups, is undermining a bedrock principle that allowed those companies to flourish in the first place.

In its federal lawsuit filed in June, Airbnb states San Francisco's ordinance violates a federal law that has long shielded websites such as Facebook and YouTube from responsibility for information posted by users.

THE ASSOCIATED PRESS

## KIA WEST EDMONTON

BEST SERVICE • BEST SELECTION • BEST PRICING • FAMILY OWNED

**SUMMER OF SAVINGS**  
SALES EVENT

UP TO **\$7,777** OR **0%** UP TO 84 MONTHS  
IN CASH DISCOUNTS ON SELECT MODELS  
MAXIMUM DISCOUNT ON OPTIMA HYBRID\* ON OTHER SELECT MODELS\*

BEST NEW SUV



HIGHEST RANKED SMALL SUV



2016  
**Sorento LX**

WAS \$29,220  
CASH REBATE \$3,500  
LOYALTY/CONQUEST BONUS \$500

**\$25,220 OR \$155/BW**  
Clearout Special!!  
0% UP TO 84 MONTHS OAC

2016  
**Optima LX**

WAS \$25,240  
CASH REBATE \$1,000  
LOYALTY/CONQUEST BONUS \$750

**\$23,490 OR \$139/BW**  
0.9% UP TO 84 MONTHS OAC

2016  
**Sedona L**

WAS \$29,420  
CASH REBATE \$2,000  
LOYALTY/CONQUEST BONUS \$750

**\$26,670 OR \$165/BW**  
0.9% UP TO 84 MONTHS OAC

2017  
**Sportage LX**

WAS \$26,520  
CASH REBATE \$500  
LOYALTY/CONQUEST BONUS \$500

**\$25,520 OR \$159/BW OAC**  
1.99% UP TO 84 MONTHS OAC

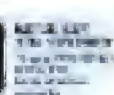
**KIA WEST'S GOT YOUR BACK!**

IF YOU LOSE YOUR JOB AFTER PURCHASE, WE WILL MAKE YOUR NEW VEHICLE PAYMENTS FOR UP TO A YEAR AT NO EXTRA CHARGE.

ALBERTA'S ORIGINAL & #1 KIA DEALER

10151 - 179 ST.  
1-800-NEW-KIAS

**kiawestedmonton.com**



The Power to Surprise

10151-179 st.

All prices do not include GST. Some vehicles may not be exactly as shown. All rebates to dealer. Eg. 2017 Sportage, COB \$1,878. Amount financed is \$26,520 at 1.99% over 84 months OAC. Loyalty/Conquest bonus applies to existing KIA owners and owners of a competitive in-class model. See dealer for details.

## DOVER DELAYS TRAFFIC TO FRANCE

**DISRUPTED** Expanded security checks at the French border causes gigantic backups at the Port of Dover in southern England on Sunday as holiday travellers and commercial vehicles try to cross the English Channel into France. Some motorists were forced to spend the night in their cars after getting stuck in jams leading to the port.

YUI MOK-PA/THE ASSOCIATED PRESS



## IN BRIEF

### Verizon buying Yahoo for \$5 billion, reports say

Verizon has agreed to buy Yahoo Inc. for roughly \$5 billion US, according to multiple media reports. Yahoo is expected to sell its email service and news, finance and sports websites in addition to its advertising tools under pressure from shareholders fed up with a downturn in the company's revenue. THE ASSOCIATED PRESS

### Pokémon Go catches wrath of Egyptian cleric

A leading Egyptian Muslim cleric has warned against the dangers of playing too much Pokémon Go. Abbas Shumman, the deputy sheikh of Egypt's Al-Azhar institute, said the wildly popular mobile phone game "makes people busy with it, ignoring their main work and it might also put them in danger."

THE ASSOCIATED PRESS





## URBAN ETIQUETTE ELLEN VANSTONE



Hello Ellen,

I need advice about Facebook relationships. I have a friend (I'll call her "AA") who has a friend (I'll call her "BB") that caught my attention. I messaged AA asking whether or not BB is single, but got no response. A couple of days later I noticed AA "liked" some photos that BB posted on Facebook. Should I send a message to BB to get a conversation going? I won't ask whether or not she is single, more like a comment. I am thinking I should say something before I miss my chance. Should I even try to talk to BB if I didn't get a reply back from AA? Thank you,  
Signed,  
L. Mike

Dear L. Mike,

You sent this letter a while back, so for all I know you and BB are married at this point, in which case congratulations. Or perhaps you're in jail for stalking her, in which case, I must apologize for not getting back to you sooner.

Approaching a love object is always tricky, but never more so than when it's on social media. You'd think things in print would be crystal clear, but the lack of facial expressions, tone and delivery can lead to disaster. I regret to say, and find it astonishing, that my own

**We can't make anyone love us if we're not their cup of tea. All we can do is stick our necks out and risk humiliating rejection.**

## THE QUESTION

**I want to romantically pursue a friend of a friend on Facebook. How do I make the first move? Should I directly message the one I'm interested in, or should I wait to confer with my friend?**



© Ani Castillo

writing in emails, text messages, and indeed in this very column, is sometimes met with outright hostility.

C'est la vie, not to mention chacun à son goût. My point is we can't make anyone love us if we're not their cup of tea. All we can do is stick our necks out and risk humiliating rejection in the hope of being understood and perhaps even loved.

This is not to suggest you pester BB on FB until she falls in love with you or calls the police. You must finesse your way in so as not to startle the creature, and leave her plenty of room to

gracefully withdraw if she chooses to resist your advances.

If you have been introduced IRL, and you are not yet FB friends, you should immediately send a friend request. If she accepts, you may send a friendly message, and "like" (but not aggressively "love") her posts. It's also allowable to invite her to events you suspect (from her FB activities) she'd be interested in. Even better is an event where you and she might be surrounded by mutual friends — no stranger danger for her, and lots of buddies to attest to how awesome you

are.

If she's interested, she will make something happen. If she's not interested (and remember, for all you know, she's in a relationship or otherwise unavailable), you will soon find out when she ignores you or AA calls to tell you that BB has blocked you.

Yeah, it'll hurt. But clarification is always a good thing. And at least you will be able to move on knowing you behaved like a gentleman.

**Need advice?**  
**Email Ellen:**  
scene@metronews.ca

## ROSEMARY WESTWOOD

### The new wave of advice columnists wants you to be happy, not obedient

Pop-culture science today is concerned with nothing so much as our feelings.

Avenues to the "good life" are proffered in endless studies on emotions and self-perceptions. Are you happy? Too stressed? Mentally centred? The whole spectrum of the contemporary, Western life is funnelled through this idea of how you feel.

And in this era of feelings, we're witnessing a new dominance of the advice column. Hugely popular, it's an old form of newspaper column newly tailored, if not tailor-made, for the web.

The same voyeurism exists, that urge to witness another person's disastrous, dishevelled life. But where advice columns were once about social decorum, now they're more about personal destiny. As much what should you do as who do you want to be. Sometimes they aren't even about the nitty-gritty advice; they're winding and impassioned essays on the messy state of modern humanness. And that's often the case with Heather Havrilesky.

Havrilesky writes the Ask Polly column for New York Magazine and has a new book of mostly new essays: *How to be a Person in the World: Ask Polly's Guide Through the Paradoxes of Modern Life*.

On Twitter, hers is a voice of inspiration tinged with the sardonic, à la this quip: "Never let anyone tell you your search for happiness is self-indulgent. You can't do a goddamn thing

for anyone when you're depressed."

In person, Havrilesky speaks in the same meandering, quotable style of her column — starting in one place, taking a series of side trips and explanatory footnotes before arriving at some core insight about how we treat ourselves and each other.

"I think I've almost been studying happiness for the last for years, in a weird way," she told me during an interview for my podcast, *Nth Wave*. "The column gave me the opportunity to use the struggles that I had, to re-frame my own experiences. I would take each letter and find some doorway into the other person's experience through my own."

Havrilesky rejects demographic tags, like millennial or soccer mom, which herd us "into this place of half-seeing." In length and tone, her work is expansive. She aims to connect people to their feelings and their compassion for themselves, "thereby connecting to the humankind at large." Humans are full of potential, she says. You only have to talk to them to find their "pocket of brilliance."

Aside from the wit and quirk and sharp edges, her advice is worth reading especially for this: To be reminded that someone in the world thinks so highly of us all.

**Listen to 'Nth Wave,' Rosie's podcast on women & media, at [metronews.ca/podcasts](http://metronews.ca/podcasts)**

**metro**  
Your essential daily news

CHIEF OPERATING OFFICER, PRINT  
**Sandy MacLeod**

VICE PRESIDENT & EDITOR  
**Cathrin Bradbury**

EXECUTIVE VICE PRESIDENT,  
REGIONAL SALES  
**Steve Shroat**

MANAGING EDITOR EDMONTON  
**Tim Querengesser**

ADVERTISER INQUIRIES  
[adinformedmanton@metronews.ca](mailto:adinformedmanton@metronews.ca)  
General phone 780-702-0592

FREE TO SHARE

**PHILOSOPHER CAT**  
by Jason Logan

WHAT GOES ON  
IN THE SEA IS  
OF NO INTEREST  
TO THE ROCK.

**NATHANIEL WEST**

Philosopher cat now at  
[www.mymetrostore.ca](http://www.mymetrostore.ca)



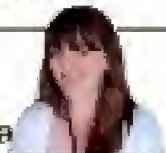


# Changing up the name game

## TRENDS

### Modern couples buck tradition when it comes to last names

**Megan Haynes**  
For Metro Canada



By the time she married, Manitoba-based Crista Gladstone, 31, had a developed career as a socio-economic analyst under her maiden name. And her husband, Brody, 30, didn't want her to give up that recognition just to take on his last name, Semchuk.

But when their daughter, now two, arrived they faced a dilemma — what last name will she get? Gladstone and Semchuk were both ruled out and neither favoured hyphenation. The pair decided to blend both to create Semstone. Now the family has three different last names.

She's part of a small movement of families bucking the trend of adopting the husband's last name in favour of gender-equal alternatives, because in this post-feminism era why should the man's surname be the default?

In today's "modern family" world, it's more accepted than ever that a woman might have a different last name than her husband, says Donna Lillian, a linguist scholar at the North Carolina-based Appalachian



**Crista Gladstone and Brody Semchuk decided to blend their surnames into Semstone when it was time to name their first child.**

CONTRIBUTED

State University and president of the Canadian Society for the Study of Names.

But dig deeper and a status quo and stigma still persist: In Canada, eight in 10 women take their husband's last name, either at marriage or when kids are born, according to a 2016 survey commissioned by I Am A Mrs, a company that helps women change their surnames.

One U.S. study found 10 per cent of people believe women who keep their maiden names aren't as committed to their families, while 50 per cent think women should be legally required to adopt her husband's surname.

Through her research Lillian also found once the topic of children comes up, there is near universal assumption they will take the father's name.

And forget about asking a guy to change his name. "Boys are brought up to assume their name is going to be with them from birth till death," says Lillian. "It's an inseparable part of their identity. Whereas girls are raised to assume their birth

surname is something they borrow."

But it's 2016 and people like Gladstone don't think that was OK. She didn't give her daughters a different name as a political statement, but rather a way to equally honour both parents in the union.

And while she's in the minority, alternatives are more common than people may realize.

Children of divorce often have different names than their parents (which doesn't make them any less of a family), while recent immigrants sometimes change adopt more Anglicized-sounding monikers, says Diane Dechief, a lecturer at McGill who specializes in

immigrant's names.

And in the LGBTQ community, it isn't uncommon for couples to explore alternatives. It's about finding solutions that work for everybody.

London-based John Laridon, 34, for example, paired his last name (Harrison, itself a blend of his parents' two last names; Anderson, his mom, and Hresewicz, his dad) and his husband's name (Lalonde) to create one that reflected both parties.

And in his case, it definitely doesn't detract from his familial ties. "We like the unity and beginning of something new together," he says. And in the end, isn't that what starting a family is all about?

## + ALTERNATIVES

### What's in a name?

Couples aren't relying on tradition to dictate their names. Here are some alternatives that people are exploring:

#### ■ Leave it to chance:

Some couples use the gender of their child to decide on a family name. If it's a girl, then the mom's name is passed down, if it's a boy, the dad's name is.

#### ■ Combine two names:

Like Gladstone and Laridon, couples can blend their names to create an entirely new unit.

#### ■ Hyphenate:

This route gets a lot of flak, but it's a common way for both parties to maintain their identities.

#### ■ Use something different, but meaningful:

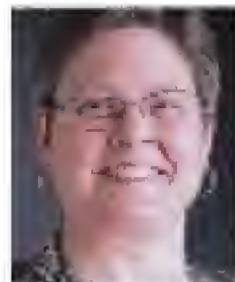
Lillian, for example, took her maternal grandmother's first name, while others could take a family surname that might otherwise be wiped out of existence.

MEGAN HAYNES/METRO



**John, left, and Christopher combined their last names to become the Laridons after getting married in 2011.**

CONTRIBUTED



**Boys are brought up to assume their name is going to be with them from birth till death.**

Linguist scholar Donna Lillian

**RAM BABA ASTROLOGY CENTRE**  
**PANDITH: RAM JI**  
Expert in Palm & Face Reading, Horoscope, Numerology, Vastu Shastra  
**I CAN TELL YOUR PAST, PRESENT & FUTURE**  
Marriage \* Husband-Wife Problems \* Job \* Relationship \* Kids Problems  
Business \* Spiritual Evil Effects \* Enemy \* Court \* Property \* Family etc.  
**SPECIALIST IN: BRINGING LOVED ONES BACK**  
**IF YOU HAVE PROBLEMS, I HAVE 100% GUARANTEED SOLUTIONS**  
Removes Black Magic, Jadoo, Voodoo, Buitu, Witch Craft & Gives 100% Protection  
**100% PRIVATE & CONFIDENTIAL - OPEN 7 DAYS**  
**780-224-1543**  
32 AVE AND MILLWOODS ROAD NW, EDMONTON, T6K 1J9

**McBride Career Group Inc.**  
Is NOW accepting application for our  
**Insurance CSR Program**  
To start a career as a  
General Insurance Advisor - Customer Service Representative  
Certification in Level 1&2 - 12 weeks training  
**START DATE: September 26, 2016**  
Call Fatima @ 780-448-1380 / Laurie @ 1-403-896-5523

**SRI BABA ASTROLOGER & PSYCHIC READER**  
**PANDIT: SAI GURUJI**  
PASSED AWAY FROM GENERATION TO GENERATION, NOW IN EDMONTON  
FACE READING \* PHOTO READING \*  
20/20 READING \* BIRTH TIME READING \*  
HOROSCOPE READING  
**HE CAN HANDLE ANY PROBLEM** **BRINGING LOVED ONE BACK**  
Helps in Job, Love, Business, Sickness, Education, Employment, Marriage, Court, Enemy, Black Magic, Secret Matters, etc.  
**IMMEDIATE RESULTS & GET LIFELONG PROTECTION**  
**OPEN 7 DAYS A WEEK**  
**780-907-1379**  
NW, Edmonton



# Money lessons start in the home



Kids can learn all about money management at school, but if they don't see it played out in the home they're going to think the lessons are irrelevant to their lives. ISTOCK

## LEARNING

### Don't assume others will teach your kids finance savvy

**Gail Vaz-Oxlade**  
For Metro Canada



Everyone believes kids should learn about money: how it works and how to manage it. But loads of folks seem to think it's someone else's job.

Money lessons should be taught at school.

Borrowing should be taught by lenders.

Banking should be taught by, well, bankers.

The federal government even appointed a task force to work on a national strategy for financial literacy.

I have to tell you, when the report came out over four years ago I was so NOT impressed I yawned.

Once again, everyone wanted to push the responsibility for teaching kids about money to someone else's plate. Don't even get me started on how ill-equipped schools are to do this.

But, no doubt, school boards spent thousands of dollars to design curriculum, forcing teachers to squeeze it into an already crowded curriculum. (BTW, do you think your kids

have gotten smarter about money in the past four years?)

The best place for kids to learn about how money works — and the role it should play in their lives — is at home.

Since money is a hot topic, and most parents are scared to death to even broach the subject with their kids, let's look at another "life lesson" that is taught at school but learned at home.

When kids are introduced to the food pyramid at school, they learn all about which foods are healthiest, and how much of each kind of food they should include in their diets.

But telling kids to eat five to seven servings of fruits and veggies each day has little impact if, when they get home, mommy and daddy serve up a hot dog, bag of chips and tin of pop. Out the window goes the lesson just learned and kids come to know that the stuff they're taught at school is irrelevant to their lives.

And so it is with money. We can talk about how important it is to save until we're blue in the face, if our kids don't see us saving at home, they won't learn the lesson. And we can talk about becoming smart consumers, but if we whip out our credit cards every

time something takes our fancy — or worse because our kids demand it — we're teaching them to embrace their Impulse Monkey.

Growing up in a financially sound home doesn't automatically translate into success for kids either. Kids don't learn about money by osmosis. They need to be taught the

rules of good money management. They need lots of practice to incorporate those lessons into their lives. They need to be able to fail safely and adjust their thinking as they learn about how money works. And there's a lot to learn.

So we should start early.

Want to teach your children to be financially successful? Want them to avoid living from paycheque to paycheque? Want them to steer clear of crippling student loans and credit card debt?

Time to take the reins of your child's financial education.

And if you have to do some learning (and make some changes) to make this work for your children, is that really such a bad thing?

For more money advice, visit Gail's website at [gailvazoxlade.com](http://gailvazoxlade.com)



**METRO EDMONTON  
COMMUNITY  
CHOICE**

IT'S TIME  
TO VOTE FOR  
YOUR FAVOURITES!

VOTING TAKES PLACE ONLINE  
FROM JULY 19 - AUGUST 3

VISIT [EDMONTON.METROCOMMUNITYCHOICE.COM](http://EDMONTON.METROCOMMUNITYCHOICE.COM)

VOTE FOR YOUR FAVOURITES!

**metro**



# How to get around the festival

## Servus Heritage Festival prioritizes walking, biking and public transit

Thousands of people will be flocking to William Hawrelak Park to take in the sights, smells, sounds and tastes of the Servus Heritage Festival from July 30 to Aug. 1. While there won't be any on-site parking, that's a good thing, says executive director Jim Gibbon.

"We encourage our visitors to walk, cycle, use TappCar or take transit down to the festival," Gibbon says. "One of the best things about the festival is how walkable it is and we have even more options this year for people to get around once they are on site." The transporta-



CONTRIBUTED

tion includes the Norquest College mini train, which transports people from one end of the park to the other. It's ideal for seniors, families or people with mobility issues.

Festival organizers have also been coordinating closely with the Edmonton Transit System (ETS) to provide more convenient travel and park-and-ride options for customers. Around 270,000 customers are expected to use the LRT over the three-day weekend — a fare option lets one adult and up to four children ride unlimited all day for just \$9.25.

"We're moving a lot of people that weekend and it's really important to have good service in and out of the park," says ETS communications specialist Jennifer Laraway, adding that most park-and-ride lots have free parking. "We made significant changes this year to provide optimal service and run as efficiently as possible and we also adjusted the type of bus services we have to complement the train."

This year, the Servus Heritage Festival has teamed up with the Alberta Motor Association (AMA) to make biking to the festival easier,

### Taking the ETS

The Edmonton Transit Service is now offering neighbourhood shuttles to the Servus Heritage Festival from Callingwood, Castle-downs and Riverbend routes, plus Park & Ride services from Lewis Farms Transit Centre and WindsorCar Park. Riders can also use the Capital Line to catch a new shuttle service from South Campus Station. Park & Ride services will continue from Burns, Calder, Davies, NAIT (parking fares apply) and MacEwan University lots.

Services will also be available at Meadows Transit Centre and Health Sciences LRT Station. All buses will run on Sunday schedules and all EHFA volunteers get free three-day bus passes to get to and from the event. Visit [heritagefest.ca](http://heritagefest.ca) for all of the transportation details.

Including two dedicated bike-rack areas sponsored by AMA. "With the congestion from buses and people getting dropped off, we encourage people to ride their bikes because it's a great way to explore and spend time with your family," says AMA spokesperson Chris Rechner. "Our volunteers will be on hand to make sure all bikes are safe for the day while you enjoy the festival."



## Your heritage is in your name. So is ours.

Servus Credit Union is proud to be the naming sponsor of the Servus Heritage Festival.

We are deeply rooted in the communities we serve and celebrate the culture and diversity of all Albertans.

Visit the Servus Credit Union tent for activities, information and more!

[servus.ca](http://servus.ca)



Personal | Mortgages | Investments | Loans | Insurance | Business

Feel good about your money.™



"I stand up here humbled and overwhelmed": Ken Griffey Jr. was inducted into the Baseball Hall of Fame on Sunday alongside Mike Piazza



# No blanket Rio ban for Russia

## OLYMPICS

### IOC steps back from complete sanction in spite of WADA report

Olympic leaders stopped short Sunday of imposing a complete ban on Russia from the Rio de Janeiro Games, leaving individual global sports federations to decide which athletes should be cleared to compete.

The decision, announced after a three-hour meeting of the International Olympic Committee's executive board, came just 12 days before the Aug. 5 opening of the games.

"We had to balance the collective responsibility and the individual justice to which every human being and athlete is entitled to," IOC president Thomas Bach said.

The IOC rejected calls from the World Anti-Doping Agency and many other anti-doping bodies to exclude the entire Russian Olympic team following allegations of state-sponsored cheating.

Russia's track and field athletes have already been banned by the IAAF, the sport's governing body, a decision that was upheld Thursday by the Court of Arbitration for Sport, and was accepted by the IOC again on Sunday.

Calls for a complete ban on

Russia intensified after Richard McLaren, a Canadian lawyer commissioned by WADA, issued a report Monday accusing Russia's sports ministry of overseeing a vast doping program of its Olympic athletes.

McLaren's investigation affirmed allegations of brazen manipulation of Russian urine samples at the 2014 Winter Games in Sochi, but also found that state-backed doping had involved 28 summer and winter sports from 2011 to 2015.

But the IOC board, meeting

via teleconference, decided against the ultimate sanction, in line with Bach's recent statements stressing the need to take individual justice into account.

"An athlete should not suffer and should not be sanctioned for a system in which he was not implicated," Bach said after Sunday's meeting. Bach acknowledged the decision "might not please everybody."

Russian Olympic Committee president Alexander Zhukov presented his case to the IOC board at the beginning of

Sunday's meeting, promising full co-operation with investigations and guaranteeing "a complete and comprehensive restructuring of the Russian anti-doping system."

The IOC also rejected the application by Russian whistleblower Yulia Stepanova, the 800-metre runner and former doper who helped expose the doping scandal in her homeland, to compete under a neutral flag at the Games.

While deciding against an outright ban, the IOC said it was imposing tough eligibility conditions, including barring entry for the Rio Games of any Russian athlete who has ever been sanctioned for doping.

The IOC said it would accept



IOC president Thomas Bach  
FABRICE COFFRINI/AFP/GETTY IMAGES

the entry only of those Russian athletes who meet certain conditions set out for the 28 international federations to apply.

THE ASSOCIATED PRESS

**This is not about expectations. This is about doing justice to clean athletes all over the world.**

IOC president Thomas Bach

## GOLF

### Vegas strikes it rich at Canadian Open

Jhonattan Vegas was glued to his phone.

The 29-year-old Venezuelan walked into the media conference centre set up at Glen Abbey Golf Club in Oakville, Ont., in the midst of a video call with his wife and baby daughter, then put the phone down briefly to answer questions from reporters about winning the RBC Canadian Open on Sunday. As soon as Vegas stepped off the stage he was back on the phone, speaking with his family in Spanish, celebrating his second PGA Tour win.

"I didn't have a chance to talk to them after I knew that I had won and it's special seeing them that happy, enjoying that moment as much as I am enjoying it right now," said Vegas. "It's just an incredible moment, just to share it with the family, with the wife, with the people you love and care about. It's great."

Vegas birdied the final three holes for an 8-under 64 and one-stroke victory. The 29-year-old Venezuelan began the day five strokes behind leader Brandt Snedeker, and four behind U.S. Open champion Dustin Johnson and Canadian amateur Jared du Toit.

He earned \$1,062,000 US and a spot in the PGA Championship next week at Baltusrol in New Jersey and received a two-year tour exemption as well as a spot in the Masters next year.

Although Vegas's playoff win at the Bob Hope Classic in 2011 launched his PGA career, the



Venezuela's Jhonattan Vegas tips a Mountie's cap to victory after winning the RBC Canadian Open at Glen Abbey Sunday. FRANK GUNN/THE CANADIAN PRESS

## 1954

A Canadian hasn't won the national open since 1954, when Pat Fletcher accomplished the feat at Vancouver's Point Grey Golf Club.

Canadian Open victory was more special.

"It definitely feels bigger, feels more exciting because I have a family to share this

with," said Vegas. "Just to see my wife and my baby so excited, from watching me on TV, just the whole thing."

"It makes me happier and makes me definitely more excited and definitely gives me more energy obviously to keep playing hard to give it my best every single time."

Johnson, Martin Laird and Jon Rahm all finished 11 under for the tournament for a share of second place.

Du Toit finished tied for ninth at 9 under after a final round of 71.

Du Toit struggled to start Sunday's round with two early bogeys, but birdied 16 and 18 to finish two shots ahead of world No. 1 Jason Day.

After speaking to media Vegas asked to see the tournament's trophy again so he could show it to his family by phone and pose for photos. Even as he patiently waited for each picture to be taken he kept his phone — with his family still on the line — in his hand.

Vegas will represent Venezuela at the upcoming Rio Olympics. THE CANADIAN PRESS

## TOUR DE FRANCE

### Tour champ toasts France's resilience

After the beer and champagne celebrations, Chris Froome delivered a sobering and emotional message from the Tour de France winner's podium on the Champs-Élysées.

Ten days after the Bastille Day truck attack in Nice that killed 84 people, Froome — a Kenyan-born British rider who often trains on the French Riviera — reminded everyone what the Tour stands for.

"These events put sport into perspective but they also show why the values of sport are so important to free society," Froome said on Sunday after securing his third Tour title in four years. "We all love the Tour de France because it's unpredict-

able but we love the Tour more for what stays the same — the passion of the fans for every nation, the beauty of the French countryside and the bonds of friendship created through sport. These things will never change.

"Thanks for your kindness in these difficult times," Froome added, switching to French as he addressed the local fans. "You have the most beautiful race in the world. Vive le Tour, Vive la France." THE ASSOCIATED PRESS



Chris Froome  
GETTY IMAGES

## IN BRIEF

**Williams out of Rogers Cup**  
World No. 1 Serena Williams has pulled out of the Rogers Cup because of shoulder inflammation. The three-time Rogers Cup champion was seeded first in the hard-court tournament and was set to have a first-round bye. "Due to inflammation in my shoulder, I unfortunately must withdraw from the Rogers Cup," Williams said. "I was looking forward to competing in Montreal and I look forward to returning soon." THE ASSOCIATED PRESS

**Bouchard commits to Rio**  
Eugenie Bouchard has confirmed that she will represent Canada at the Rio Olympics, putting to rest any doubts about the participation of the country's top-ranked women's tennis player. The Montreal native announced her decision in advance of the Rogers Cup. Bouchard was named to the team by Tennis Canada, but said she would wait until "the last minute" to decide. THE ASSOCIATED PRESS





## DEBT SOLUTIONS

780-424-9944

Debt/Credit Counselling Debt Consolidation  
Creditor Negotiations Consumer Proposals  
Bankruptcy Alternatives Bankruptcy Protection

**FREE Consultation**

**www.DEBTFREE.ca**



## Edmonton Triathlon Festival Sept. 2 - 4 Hawrelak Park

**Volunteer for a World Class Sporting Event**

**Many different roles available**

**Great Experience**

**Get Involved**



**Volunteer Today! For more info visit [Edmonton.Triathlon.org](http://Edmonton.Triathlon.org)**

**ROBERTSON COLLEGE**

Be in a great new career  
in less than a year.

[robertsoncollege.com](http://robertsoncollege.com)



Blue Jays shortstop Troy Tulowitzki tags out would-be Mariners base-stealer Mike Zunino on Sunday. FRED THORNHILL/THE CANADIAN PRESS

# Blue Jays ride out Happ's arm

MLB

## Left-handed starter wins his seventh straight game

J.A. Happ came close to unraveling early in Toronto's 2-0 victory over the Seattle Mariners on Sunday.

A key strikeout of Nelson Cruz in the fourth inning turned things around, and the Blue Jays left-hander went on to earn his seventh straight win.

Happ began the fourth with a walk and a hit batsman before falling behind 2-0 to Cruz, who had racked up seven RBIs on a grand slam and three-run homer the previous day.

Two straight four-seam fastballs evened the count 2-2, another four-seamer got Cruz swinging on a 3-2 count,

SUNDAY In Toronto



and Happ followed that with a second strikeout and pop up to end the inning.

"That's kind of my best pitch so I tried to use that and get ahead with that," Happ said of the pivotal at-bat. "When you're not hitting on your other stuff you have to rely on that."

Happ (13-3) notched a career high in wins while walking four and striking out six through six innings of one-hit ball as the Blue Jays avoided a three-game sweep. He started the game with a 12-pitch first inning but started to show some trouble with command over the next three, walking the lead-off batter in each of the second, third

and fourth innings before hitting Robinson Cano to set up the crucial Cruz at-bat.

"A couple big strikeouts and I think that set the tone, especially for him," said Josh Thole, who started his third straight game behind the plate in place of an injured Russell Martin. "I know his pitch count got up a little but that was the inning that got him right where he needed to be."

Edwin Encarnacion hit his 224th home run in a Blue Jays uniform in the fourth inning to pass Vernon Wells for third place on the franchise's all-time list and Thole scored the other run for Toronto (55-44) on a double play in the sixth.

Brett Cecil worked around a one-out walk for a scoreless seventh, Jason Grilli pitched a perfect eighth, and Roberto Osuna earned his 20th save with a clean ninth.

THE CANADIAN PRESS

CHICAGO

## Jersey snafu nets Sale suspension

The Chicago White Sox suspended ace Chris Sale five days without pay for destroying collared throwback uniforms the team was scheduled to wear.

The White Sox announced the punishment on Sunday after Sale was scratched from his scheduled start and sent home the previous night.

FanRag Sports first reported Sale was protesting the 1976-style jerseys. He then cut up an unknown number of them

**\$250K**

The suspension comes to \$250,000 of Sale's \$9.15 million salary.

before the game and was told to leave the stadium. The White Sox wound up wearing white throwback uniforms from the 1983 season. THE ASSOCIATED PRESS

## IN BRIEF

### Astros blast Angels

Jose Altuve hit two of Houston's season-high five homers and had a career-high six RBIs to lead the Houston Astros to a 13-3 win on Sunday for a three-game sweep of the Los Angeles Angels.

THE ASSOCIATED PRESS

### Rizzo rallies Cubs to win

Anthony Rizzo hit a three-run double in the seventh inning and the Chicago Cubs rallied from a four-run deficit to beat the Milwaukee Brewers 6-5 on Sunday. THE ASSOCIATED PRESS



# RECIPE Sweet Corn Tostada with Black Bean Spread



PHOTO: MAYA VISNENI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

Summer's sweet corn has the starring role in this easy, meatless Monday dish.

**Ready in**  
Prep time: 10 minutes  
Cook time: 20 minutes  
Makes: 4 servings

## Ingredients

For the black bean spread:  
• 1 can (14 oz) no salt added organic black beans, rinsed  
• 1/4 cup extra virgin olive oil plus more for brushing  
• 1/4 cup cilantro  
• 1 clove garlic, sliced chopped cilantro plus 1/8 cup for garnish  
• juice of one lime  
• 1/4 tsp salt  
For the tostadas:  
• 8 corn tortillas  
• 1 ear of corn or 1 cup frozen

• 2 cups shredded iceberg lettuce  
• 3/4 cup grated Monterey jack cheese  
• 1/4 cup sour cream

## Directions

**1.** Preheat the oven to 425. Blend beans, oil, cilantro, garlic, lime juice and salt in a food processor, place. Place in a small bowl and set aside.

**2.** Boil corn until cooked. Remove from water and allow to cool before cutting kernels from ear. Place in a bowl and put aside. Place shredded lettuce, shaved cheese, chopped cilantro and sour cream in various small bowls.

**3.** Lightly brush each tortilla with olive oil and bake in the oven on a cookie sheet for about 7 minutes. Remove and serve immediately with the rest of the fixings.

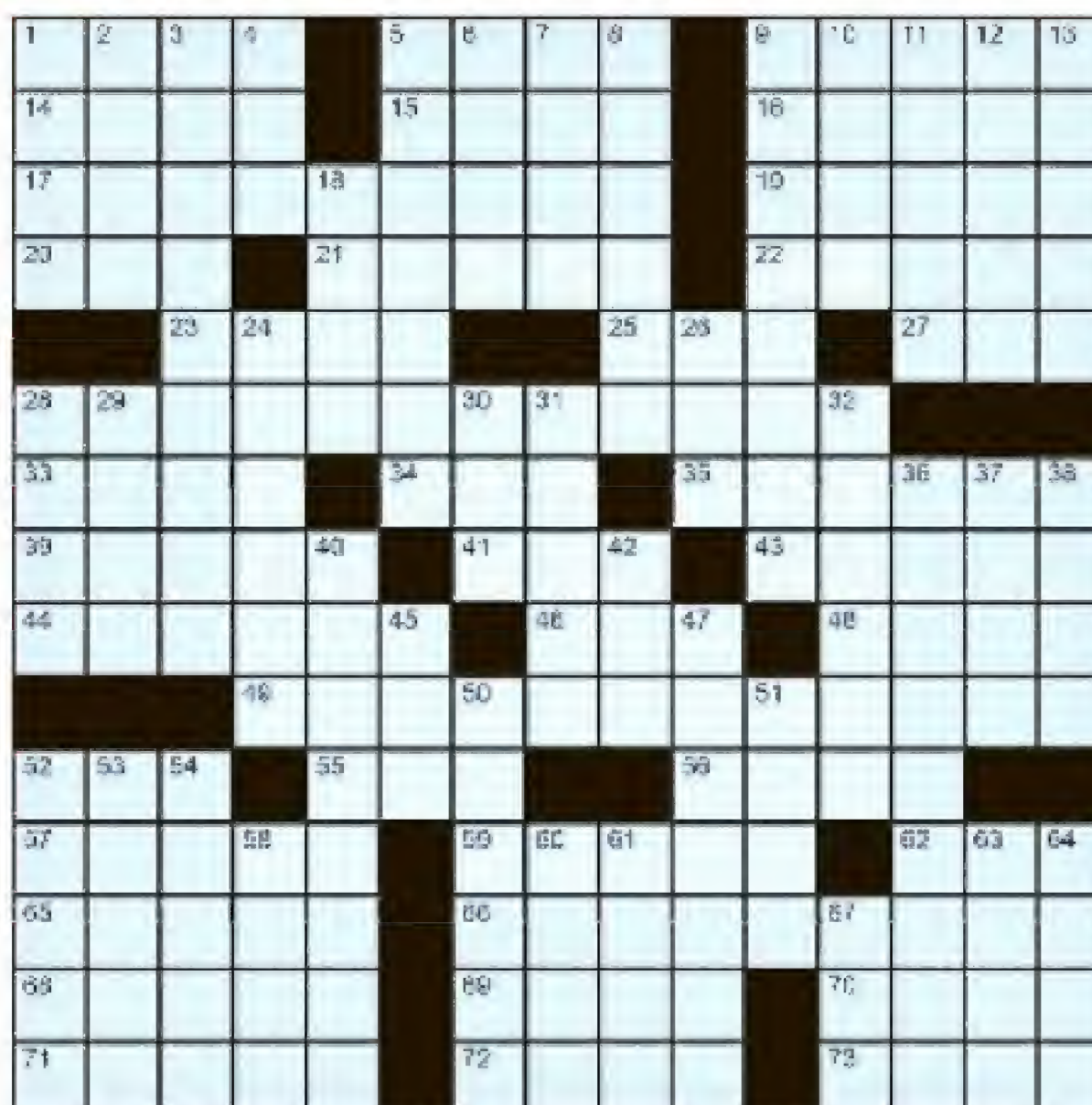
FOR MORE MEAL IDEAS, VISIT  
SWEETPOTATOCHRONICLES.COM

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

1. Breton Island  
5. Golf  
9. New Mexico's state flower  
14. Particle  
15. Man's title in Germany  
16. Acrylic fabric  
17. Augmented reality game app that's the Summer of 2016 craze; 2 wds.  
19. Applying/employing  
20. Cool (Green Day drummer)  
21. William Shakespeare's mother Mary  
22. Mountain chain  
23. Viking operation  
25. ' for Calgary  
27. 4 qts  
28. Old Montreal street coverings  
33. Baseball's Mr. Hershey  
34. Agnus (Mass prayer)  
35. Warns to be watchful  
39. Dinner plates  
41. Tunnel-blasting need  
43. Plantlife  
44. Day-after-working-out complaint; 2 wds.  
46. Muck  
48. Pre-wedding party  
49. Titanic embarked on its fateful one on April 10th, 1912; 2 wds.  
52. Cul-de-  
55. Five Guys Named (Stage musical)



56. Family member  
57. Like lips after collagen injections  
59. Hair salon touchup sites  
62. of the Covenant  
65. Restrict  
66. Prairie province person, perhaps

## DOWN

1. James T. Kirk's li'l title  
2. 'Decor' suffix  
3. Casino players feed the kitty with them; 2 wds.  
4. Scot's uncle  
5. Like the music for stringed instruments often

6. Loan  
7. Advocate  
8. Denver football player  
9. Particular pronoun  
10. Major  
11. Stick, like dryer clothes

12. Miami Sound Machine tune  
13. One of Charlie's 70s show trio  
18. Put in the postal box  
24. Flowering  
26. pinch  
28. Mozart opera, Fan Tutte  
29. City near Provo, Utah  
30. Adjust  
31. Hint of hue  
32. Generator system  
36. Like wheels  
37. Like some ancient Greek plays, briefly  
38. advice  
40. Quebec municipality that British rocker Peter just 'Conies Alive!' when thinking about it  
42. Unit of weight [var. sp.]  
45. vowel sequence...  
47. Standing honour in the theatre  
50. Mr. Mulroney of 'The Wedding Date'  
51. Banish  
52. Impact sound in comics  
53. Hit for Canadian singer Edwin  
54. Curry powder ingredient  
58. Fermented soybean paste  
60. Pledge  
61. Aware of the plot; 2 wds.  
63. Carpentry tool  
64. String snag  
67. Hardwood flooring selection

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
Today your moods will change suddenly, making you feel impulsive. You have a strong freedom-seeking urge. Yowzers!

**Taurus** April 21 - May 21  
This is a restless day for you. Perhaps you are planning a surprise for a family member or a special event for your home. Enjoy entertaining at home.

**Gemini** May 22 - June 21  
This is a great day to schmooze with others; however, a friend or a casual acquaintance will surprise you in some way. A spontaneous get-together will be fun.

**Cancer** June 22 - July 23  
Stay light on your toes today, because relations with bosses, parents and VIPs are unpredictable. Fortunately, something unexpected probably will please you.

**Leo** July 24 - Aug. 23  
Unexpected opportunities to travel might fall into your lap today. Similarly, chances to get further training or to learn something new might miraculously appear.

**Virgo** Aug. 24 - Sept. 23  
Keep your pockets open, because gifts, goodies and favors from others will come your way today. Someone might do a favor for you (not too shabby).

**Libra** Sept. 24 - Oct. 23  
You might feel some emotional tension with a partner or close friend today, perhaps because someone wants more space or more freedom. A lot of people feel this way right now.

**Scorpio** Oct. 24 - Nov. 22  
Your work routine will be different today. A co-worker might surprise you, or staff shortages and technological problems might occur. Keep a positive attitude.

**Sagittarius** Nov. 23 - Dec. 21  
This is a mildly accident-prone day for your kids, so be vigilant. Know where they are at all times. Be careful about hazards. Meanwhile, an unexpected invitation will please you.

**Capricorn** Dec. 22 - Jan. 20  
Real-estate negotiations plus family matters will please and surprise you today. Something favorable could occur, but it will be unexpected. To be safe, stock the fridge.

**Aquarius** Jan. 21 - Feb. 19  
Today your mind will think outside of the box, which is why you are full of innovative, original ideas. Expect to meet new people and see new places.

**Pisces** Feb. 20 - March 20  
Trust your moneymaking ideas, because you're very clever today. However, impulse spending is likely. Forewarned is forearmed. Keep your receipts (and the box) just in case.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2014 Conceptis Puzzles, Ltd. All Rights Reserved. Synonym, Inc.

metro

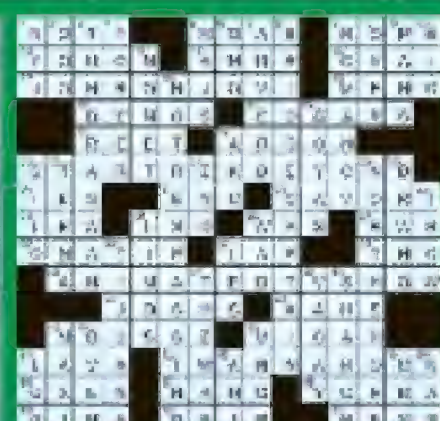
Tell us  
how you  
really  
feel.

Join our online reader panel and help make your Metro even better.  
metronews.ca/panel

## YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to  
metronews.ca/games



## IS YOUR DEBT OVERWHELMING?

You have options. BDO can stop the harassing phone calls, and help you take control of your debt and your future.

## CONTROL YOUR FUTURE

Licensed Insolvency Trustees  
650 - 10303 Jasper Ave., Edmonton, AB T5J 3N6  
(780) 424-3434





  
**goAuto **OUTLET**.ca**  
WHOLESALE CARS & TRUCKS

# PEACE OF MIND PRICING

## Market Driven Online Prices

**REASON  
#45 TO  
SHOP AT  
GO AUTO  
OUTLET:**

**You're never  
left without  
wheels.  
We have  
free service  
loaners.**



2005  
**CHEVROLET CAVALIER VL**  
STK# 57150345

PEACE OF  
MIND PRICE

**\$3,335**



2007  
**HYUNDAI ACCENT GLS**  
STK# 70719130

PEACE OF  
MIND PRICE

**\$4,811**



2007  
**HYUNDAI ELANTRA GL**  
STK# 70064424

PEACE OF  
MIND PRICE

**\$5,274**



2005  
**PONTIAC GRAND AM SEI**  
STK# 5M250285

PEACE OF  
MIND PRICE

**\$5,335**



2008  
**HYUNDAI ACCENT GL**  
STK# E8U063116

PEACE OF  
MIND PRICE

**\$5,499**



2007  
**PONTIAC G5**  
STK# 77294520

PEACE OF  
MIND PRICE

**\$5,573**

# GOAUTO**OUTLET**.CA

**TEXT: 780-246-2866 CALL: 1-855-424-6106 VISIT: 17860-102 AVENUE**



Vehicles may not be exactly as shown. Prices include all fees and taxes, except GST. See dealer for details.